



# Confidence & Connection Retreat

with *Tanja Kraus*  
and *Linda Sawrey*

We're excited to present a truly next-level, one-of-a-kind retreat designed to rebuild confidence, deepen connection, and support both horse and human on every level.

**March 10th–14th 2026**



## JANUARY 2026

21st-25th 5 day Kick Start Clinic

31 & 1 February - Training and Protocol

Cowboy Dressage Weekend Glenreagh

## FEBRUARY 2026

10th -14th 5 Day Retreat Collaboration with Linda Sawrey Glenreagh NSW

21 & 22 Cowboy Dressage Clinic

26th & 27th Gold Coast Mid-week Boutique Clinic

28 & 1st March Baby/Young Horse Course

Natural Bridge

## MARCH 2026

10 - 14 Collaboration Confidence and Connection Retreat with Linda Sawrey Gold Coast

26th & 27th Gold Coast Mid-week

Boutique Clinic

28 & 29 Cowboy Dressage Show Glenreagh

showing weekend

This immersive experience is a collaboration between two like-minded professionals: **Tanja Kraus**, an experienced horsewoman specialising in anxiety and confidence-building for horses and people, and **Linda Sawrey**, an accomplished horsewoman, highly qualified Psychotherapist, & Clinical Counsellor with over 35 years of experience. Together, they've created a powerful and life-changing retreat that offers expert guidance, practical tools, and a safe, supportive space for genuine transformation.

Participants can expect a carefully curated blend of personal and experiential learning, including one-on-one sessions, group lessons in human physiology, psychology, and neurobiology, encouraging reconnection with self, land, and nervous system. The result is a holistic retreat that nurtures clarity, resilience, and confidence from the inside out.

**Investment:** \$2200 per person

**Contact us now for more information!**



**to book into a clinic or join our private coaching group email direct**

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